

## J-13 Required Training

Course	Applicability	Frequency	Duration	Provider
STCW-95	All Shipboard Personnel	Periodic Upgrades	Various	Commercial Sources
Basic First Aid		Once Every 5 Years	American Red Cross Or Am Heart Association	Basic First Aid
Medical Care Provider	ROS Chief Mate; 2nd Mate; All Engineers; FOS Master/CM; All Engineers, 2nd And 3rd Officers After 1998.	One Time		
Medical Person In Charge	ROS Chief Mate And 2nd Mate; FOS Master/CM	One Time		
HAZWOPER – Basic	ROS Crews	One Time	5 Days	MARAD Provided
HAZWOPER – Refresher	ROS Crews	Annually		MARAD Provided
Advance Firefighting	ROS Crews	Once Every 5 Years	Commercial Sources	Advance Firefighting
Small Arms – Basic	ROS Crews Min 5 Crewmembers Per Ship		3 Days	MSC (Govt) Provided; MARAD Coordinates
Small Arms – Refresher	ROS Crews - Same	Annually	1 Day	MSC (Govt) Provided; MARAD Coordinates
Force Protection Level I	ROS Crew	Once Every 5 Years	1 Hour	Provided By Anti Terrorism Ofc With Level II Training
Anti-Terrorism Level li	ROS CM Or Other Licensed Member	Once Every 5 Years	4 Days	MSC (Govt) Provided; SM Coordinates
ATO	Ship Security Officer	Once Every 5 Years	MSC (Govt) Provided; MARAD Coordinates	Ato
MHE/OHE Material/Ordnance Handling Equipment	MCDS Vessels ROS Crew	One Time		Navy Provided; MARAD Coordinates
Electronic Invoicing System Training	PE And Shoreside Staff	One Time		MARAD Provided
Drug Testing/Urine Collection	Designated Drug Testers	Once Every 5 Years	Commercial Sources	Drug Testing/Urine Collection
Automatic External Defibrillator, CPR	ROS Crew; Medical Person In Charge	Annually	1 Day	Commercial Sources

EEO/Prevention Of Sexual Harassment/Corporate Policies	ROS Crew		1 Day	SM Provided
RRF Videos: SOPEP/VRP; MARAD Safety Series; Master's Orientation Video; Prevention Of Sexual Harassment; Bloodborn Pathogens; MSC Surge Rep Sailing Instructions; Proper Bunkering Techniques	All Shipboard Personnel	One Time	By Log; Within 14 Days Of Joining Ship	SM Provided
MERCOMMS	Communication Officers; ROS CM	One Time	5 Day Communications Training In Panama City, FL	MSC Provided; MARAD/SM Coordinates
Use Of MARAD IT System	PE, Selected Shoreside And ROS Staffs	One Time	5 Days	MARAD Provided
Use Of PC/SAL And ECSMIS	PE, Selected Shoreside And ROS Staffs	One Time	3 Days	MARAD Provided
Landing Signal Officer Or Landing Signal Enlisted	ROS Crewmembers On Ships With Helicopter Platforms	One Time	5 Days	Military Provided; MARAD Coordinates
Cargo Crane Maintenance Training	ROS Crewmembers On T-ACS Ships	One Time	5 Days	Commercial Source; MARAD Coordinates
Fire And Boat Drills* Vessels Nested Together Shall Conduct Joint Fire Drills Semi-Annually.	Entire ROS Crew	Monthly With One Quarterly Fire Drill In Engine Room	1/2 Day	SM Provided
Fire And Boat Drills/Abandon Ship And Man Overboard Drills	Entire FOS Crew When Onboard	46 CFR 185.520 And 46 CFR 185.524	1/2 Day	SM Provided
Security Awareness Training	Ship security officer	USCG regs	Unknown depends upon source	Various (private) schools
Helicopter control-officers	Chief Mate of T-AVBs	One time	5 days	Through MSC
CBR-D Training	Entire ROS Crew/FOS Crew When Onboard	One Time	1 Day	MARAD Coordinated

**MARAD Reimbursement Policy on Training:** MARAD will reimburse two (2) days of travel-related expenses: transportation, subsistence, and lodging IAW FTRs. The Government will reimburse tuition and course materials for each separate instance of training unless covered by mariner fringe benefits. This may be in connection with maintaining or upgrading STCW requirements, licenses, or any other required training directed by the Government. MARAD (MAR 613) will assist in the coordination and scheduling of Government provided training. Training drawdowns do not relieve the Ship Manager from its responsibility to activate and operate the ship.